

## Dunbar Medical Centre - Travel Health Advice

The three practices at Dunbar Medical Centre no longer provide private travel health advice or treatment. This decision has been made to allow us to focus on providing NHS care for those who most need it.

You can easily get the most up to date travel health information and find out if you need vaccinations from the free NHS Scotland website at [www.fitfortravel.scot.nhs.uk](http://www.fitfortravel.scot.nhs.uk). For personal or more specialist advice, or to be given non-NHS vaccines or medicines, you should contact a private travel clinic (see list below).

Your own practice can give the following NHS vaccinations free of charge (diphtheria, tetanus, polio, hepatitis A and typhoid) after advice has been sought from the website or a travel clinic. If you want your own practice to arrange your NHS vaccinations then complete the other side of this form and hand it in to your practice reception.

Listed below are some of the not-for-profit Lothian-based clinics that provide travel health advice and will give non-NHS vaccines:-

### **HealthLink360 Travel clinic**

Elphinstone Wing  
Carberry  
Musselburgh  
EH21 8PW  
Tel 0131 653 6767  
Email [admin@healthlink360.org](mailto:admin@healthlink360.org)  
[www.healthlink360.org](http://www.healthlink360.org)

### **The Travel Clinic**

Regional Infections Diseases Unit  
Ward 41 Outpatient Department  
Western General Hospital  
Crewe Road South  
Edinburgh  
EH4 2XU  
Tel 0131 537 2823  
<https://services.nhslothian.scot/ridu/TravelClinic/Pages/default.aspx>

Some private clinics (we don't recommend any particular clinic and others are available):-

### **Boots Travel Clinic**

Edinburgh Fort Retail Park  
Tel 0131 669 4428  
[www.boots.com/health-pharmacy-advice/travelhealth](http://www.boots.com/health-pharmacy-advice/travelhealth)

### **Edinburgh Travel Clinic**

Newington Pharmacy, Edinburgh  
Tel 0131 667 2368  
[www.edinburghtravelclinic.co.uk](http://www.edinburghtravelclinic.co.uk)

### **Superdrug Travel Clinic**

Princes Street, Edinburgh  
Tel 0333 060 3914  
[www.healthclinics.superdrug.com/clinics/edinburgh](http://www.healthclinics.superdrug.com/clinics/edinburgh)

Dunbar Medical Centre - Request for NHS Travel Vaccinations

**PLEASE COMPLETE THIS FORM AT LEAST SIX WEEKS BEFORE TRAVEL**

Name: ..... Date of birth: .....

Destination: ..... Date of travel: .....

Telephone: ..... OK to leave a message? **Yes / No**

Which travel clinic or website have you consulted?: .....

Please specify below which of the following NHS vaccinations were suggested by the travel clinic or website, including the date you were last given the vaccine, if known. Our practice nurse will check your medical records and arrange for vaccinations or boosters if needed:-

Vaccine	Required?	Date last given?	Vaccine	Required?	Date last given?
Diphtheria	Yes / No	.....	Hepatitis A	Yes / No	.....
Tetanus	Yes / No	.....	Typhoid	Yes / No	.....
Polio	Yes / No	.....			

**Any other vaccinations or medication for travel purposes should be arranged via a private travel clinic. Some malaria drugs can be bought over-the-counter at your local pharmacy. Please keep your own records of any vaccine or medicine that has been given privately.**

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*For staff use only – do not write below this line*

*Pass this form to practice nurse to check vaccine history and accuracy of advice.*

*Checked by:-*

*PN name: ..... Date: .....*

*Comments (eg any changes to request noted above or need for longer or more urgent appointment):-*

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*Return form to reception team to contact pt and book routine PN appt then scan this side of form to Docman. Vaccs usually given from stock. If Rx required then please print and ask GP to sign, if necessary.*